

THRIVING IN YOUR CLASSES

Habits to Form

- **GO TO CLASS**
- **READ THE SYLLABUS**
- **CHECK CANVAS**
- **READ YOUR EMAILS**
- **COMMUNICATE WITH YOUR PROFESSORS**
- **ASK FOR HELP**
 - ✓ Faculty Office Hours
 - ✓ Tutoring
 - ✓ Student Success Coach (SSC)
 - ✓ Peer Coaching
 - ✓ Writer's Corner

Skills for Success

- **NOTE TAKING**
 - ✓ Reading: Highlighting / underlining text or writing summaries in your own words
 - ✓ Lecture: Outline or Cornell Style notes
 - ✓ Handwrite or type
 - ✓ Review, Summarize, Rewrite
- **TIME MANAGEMENT**
 - ✓ Use a calendar, color code by subject or task
 - ✓ Daily/Weekly to-do lists with estimated time to complete, then rank in priority
 - ✓ Schedule fun time, study time and "Mystery" time
 - ✓ Every yes is a no to something else. Be selective.
- **STUDY HABITS**
 - ✓ WHO are you going to study with?
 - ✓ WHAT are you going to focus on?
 - ✓ WHERE are you going to study?
 - ✓ WHEN are you most productive?
 - ✓ HOW are you going to study - what method?

OTHER FACTORS

Success in the classroom starts outside the classroom by taking care of every part of your life:

- Mental - Counseling and Psychological Services (CAPS)
- Spiritual - Campus Pastor's Office
- Physical - Health Center



THINGS TO REMEMBER

- College is hard.
- Failure can be an opportunity to change direction, grow, or start again.
- The faculty and staff really do care.
- You can do this!

